

# Lakota Swimming

## TIME COMPARISONS FOR 2018-2019 SEASON

### GIRLS

EVENT	GMC Top 16	District	State	TEAM RECORD	
				East	West
50 yd Free	28.00	26.20	24.07	24.66	24.32
100 yd Free	1:01.00	56.75	53.04	53.07	51.59
200 yd. Free	2:14.00	2:01.63	1:53.00	1:53.80	1:50.76
500 yd Free	6:10.00	5:25.00	5:09.99	4:59.74	4:59.55
200 yd. IM	2:34.00	2:18.02	2:07.82	2:06.23	2:04.54
100 yd FLY	1:09.50	1:02.20	57.23	57.58	57.41
100 yd BACK	1:09.00	1:02.72	58.27	1:00.44	58.56
100 yd BREAST	1:19.00	1:12.57	1:05.82	1:07.83	1:04.73
200 yd FREE RELAY -----		1:48.00	1:39.48	1:39.83	1:38.24
400 yd FREE RELAY-----		4:00.00	3:37.52	3:39.62	3:32.59
200 yd MEDLEY RELAY ---		2:02.50	1:48.39	1:52.49	1:49.32

### BOYS

EVENT	GMC Top 16	District	State	TEAM RECORD	
				East	West
50 yd FREE	24.00	23.40	21.80	21.66	21.66
100 yd FREE	55.80	51.20	47.90	47.06	46.97
200 yd. FREE	2:01.00	1:53.00	1:44.47	1:38.91	1:41.92
500 yd Free	5:55.00	5:12.28	4:48.40	4:25.35	4:33.40
200 yd. IM	2:22.00	2:08.67	1:56.86	1:51.84	1:54.24
100 yd FLY	1:03.00	56.70	51.94	51.24	50.16
100 yd BACK	1:03.90	58.33	53.12	51.76	51.71
100 yd BREAST	1:13.00	1:05.34	59.12	57.78	57.82
200 yd FREE RELAY -----		1:36.14	1:29.12	1:29.91	1:28.13
400 yd FREE RELAY -----		3:40.34	3:15.49	3:12.62	3:15.51
200 yd MEDLEY RELAY-----		1:49.28	1:37.99	1:35.82	1:38.60

\*\*\*\*\*Note all GMC/District/State times are estimations based on previous years results. These are not guaranteed times as each year is slightly different as the top times are selected.